

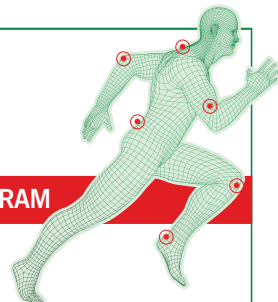


7th BIENNIAL EMIRATES PHYSIOTHERAPY VIRTUAL CONFERENCE

12-13 JUNE 2020



SCIENTIFIC PROGRAM



DAY 1 - FRIDAY, 12 JUNE 2020

09:30 - 10:30 Registration (Access to the Platform)

10:30 - 10:40 Opening Speech - Conference Chair: **Amal Al Shamlan**

10:40 - 11:00 WCPT Speech - President of World Confederation of Physical Therapy: **Dr Emma Stokes**

11:00 - 13:10 Session I Session Chair: Murat Dalkilinc

11:00 - 11:30 Keynote Lecture: A model for matching management (including motor control) to pain mechanism for back pain **Paul Hodges, Australia**

11:30 - 11:45 The Effectiveness of the Mechanism-Based Classification of Pain in Directing Treatment Towards Improved Outcomes in Low Back Pain Patients: A Systematic Review **Nadia Portelli, UAE**

11:45 - 12:15 Keynote Lecture: The multifariousness of the thoracolumbar fascia container **Andry Vleeming, Belgium**

12:15 - 12:30 Treatment-Based Classification System: Matching Patients to the Most Appropriate Intervention. **Mohamed Alrwayly, USA**

12:30 - 13:00 Keynote Lecture: Does stratified care for MSK pain work? **Jonathan Hill, UK**

13:00 - 13:10 **Q&A or Discussion**

13:10 - 14:10 Break and Poster Viewing

14:10 - 16:05 Session II Session Chair: Ana Alesandra Anjos

14:10 - 14:25 Do Injury Prevention Program Really Work? **Qassim Muaidi, KSA**

14:25 - 14:55 Keynote Lecture: Optimal loading and rehabilitation of ankle ligament injuries **Chris Bleakly, UK**

14:55 - 15:10 Differences in Dual Task Paradigms and Executive Function Ability for Recreational Athletes Living in United Arab Emirates. **Deema Bitar, UAE**

15:10 - 15:40 Keynote Lecture: Planter Fasciopathy (planter fasciitis): Evidence Informed Best Practice Management **Michael Rathleff, Denmark**

15:40 - 15:55 Can we predict chronicity in individuals following sport related injuries: A systematic review **Othman Alkassabi, KSA**

15:55 - 16:05 **Q&A or Discussion**

16:05 - 16:35 Break and Poster Viewing

16:35 - 18:30 Session III Session Chair: Lori Maria Walton

16:35 - 16:50 A Survey Regarding Views Of Physical Therapists In Concussion Management **Manisha Kodwani, Pakistan**

16:50 - 17:20 Keynote Lecture: The Role of Physical Therapy in interdisciplinary Concussion Care **Bara Salaheen, USA**

17:20 - 17:35 Collegiate Athletes Concussion Awareness, Understanding, and Reporting Behaviors in Different Countries with Varying Concussion Publicity **Alia Alghwir, Jordan**

17:35 - 18:05 Keynote Lecture: Musculoskeletal Headache **Ina Diener, South Africa**

18:05 - 18:20 Effects of Mulligan Traction with and without Neural Flossing Technique in Cervical Spondylosis with Radicular Pain **Ramza Hayat, Pakistan**

18:20 - 18:30 **Q&A or Discussion**



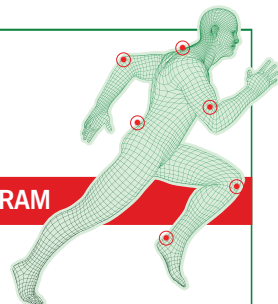


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12-13 JUNE 2020



SCIENTIFIC PROGRAM



Day 2 - Saturday, 13 June 2020

10:00 - 11:00 Registration (Access to the Platform)

11:00 - 13:25 Session I

Session Chair: Naima Saleh

- 11:00 - 11:30** Keynote Lecture: Rethinking muscle changes in low back pain and injury: Novel mechanisms, new treatment targets **Paul Hodges, Australia**
- 11:30 - 11:45** What people who suffer from chronic back pain share in common? **Aly Alatar, Kuwait**
- 11:45 - 12:15** Keynote lecture: The functional coupling of the deep abdominal and paraspinal muscles: the effects of simulated paraspinal muscle contraction on force transfer to the middle and posterior layer of the thoracolumbar fascia **Andry Vleeming, Belgium**
- 12:15 - 12:30** Wearables-Based Walking Program in Addition to Usual Care for the Management of Patients with Low Back Pain at Medium or High Risk of Chronicity: A Pilot Randomized Controlled Trial. **Hosam Alzahrani, KSA**
- 12:30 - 13:00** Keynote Lecture: The Back-UP clinical decision support tool **Jonathan Hill, UK**
- 13:00 - 13:15** Perceptions of Cognitive Behavioural Therapy (CBT) in Physiotherapy for Chronic Low Back Pain (CLBP): An Explanatory Grounded Theory **Latifa Alenezi, Kuwait**
- 13:15 - 13:25** **Q&A or Discussion**
- 13:25 - 14:25** **Break and Poster Viewing**

14:25 - 16:05 Session II

Session Chair: Veena Raigangar

- 14:25 - 14:55** Keynote Lecture: Pain Neuroscience Education – an essential part of musculoskeletal pain treatment **Ina Diener, South Africa**
- 14:55 - 15:10** Effect of Coracohumeral Ligament Stretching on Its Thickness in Adhesive Capsulitis **P. Antony Leo Aseer, India**
- 15:10 - 15:40** Keynote Lecture: Explaining pain with neuroscience - an impossible task? **Morten Hoegh, Denmark**
- 15:40 - 15:55** Electrophysiological Investigation of Central, Peripheral and Autonomic Nervous System Functions after Cervical Lordosis Rehabilitation in Asymptomatic Subjects - A Randomized, Placebo-Controlled Trial **Ibrahim Moustafa, UAE**
- 15:55 - 16:05** **Q&A or Discussion**
- 16:05 - 16:35** **Break and Poster Viewing**

16:35 - 18:15 Session III

Session Chair: Wasim Labban

- 16:35 - 17:05** Keynote Lecture: Patellofemoral Pain – new insights into improved treatment and self-management **Michael Rathleff, Denmark**
- 17:05 - 17:20** Effects of Dynamic Strength Training to Prevent Lower Limb Injuries Among Novice Long Distance Runners: An Experimental Study **Amreen Shahzad, Pakistan**
- 17:20 - 17:50** Keynote Lecture: False positive reporting in the sports medicine literature – why clinicians need FAITH beyond p-values **Chris Bleakly, UK**
- 17:50 - 18:05** Development of a Clinical Prediction Rule for non-specific Knee Pain and Response to Mobilization with Movement **Lori Walton, UAE**
- 18:05 - 18:15** **Q&A or Discussion**
- 18:15 - 18:20** **Closing Ceremony**



Conference Secretariat: MCI Middle East ☎ +971 4 311 6300



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